



American Youth Soccer Organization

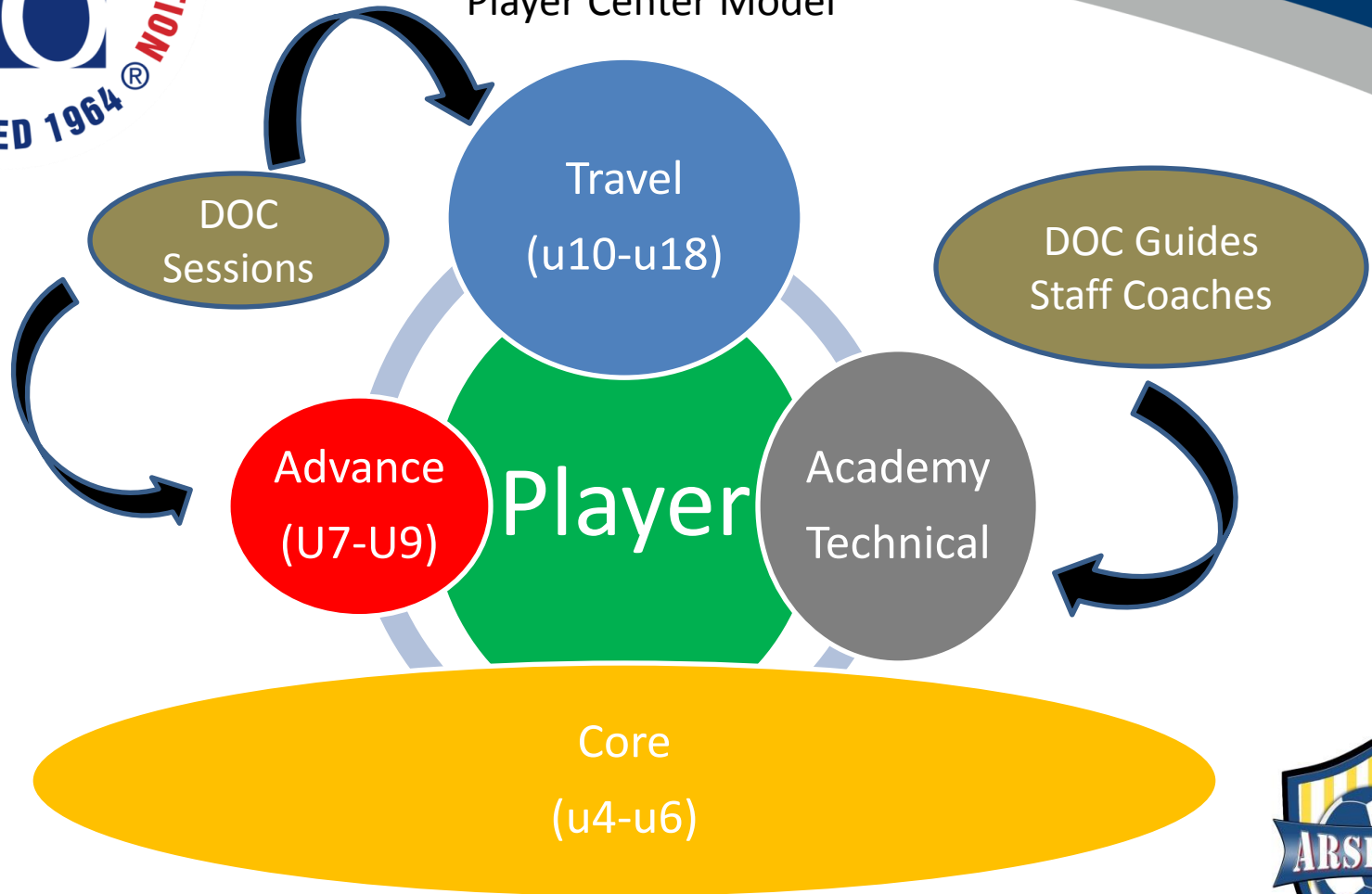
# Player Development Model “Club Procedures”





# American Youth Soccer Organization

## Player Center Model



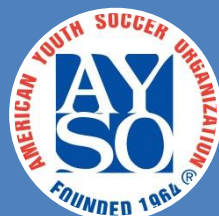


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## Formal Coaching Progression



Level 1 and 2  
Level 3 and 4  
Level 5 and 6  
National Diploma  
Advance National Diploma  
Premier Diploma



U6-U8  
U10-U12  
Intermediate  
Advance



U6-U8 Modules  
USSF E  
USSF D  
USSF C  
USSF B  
USSF A

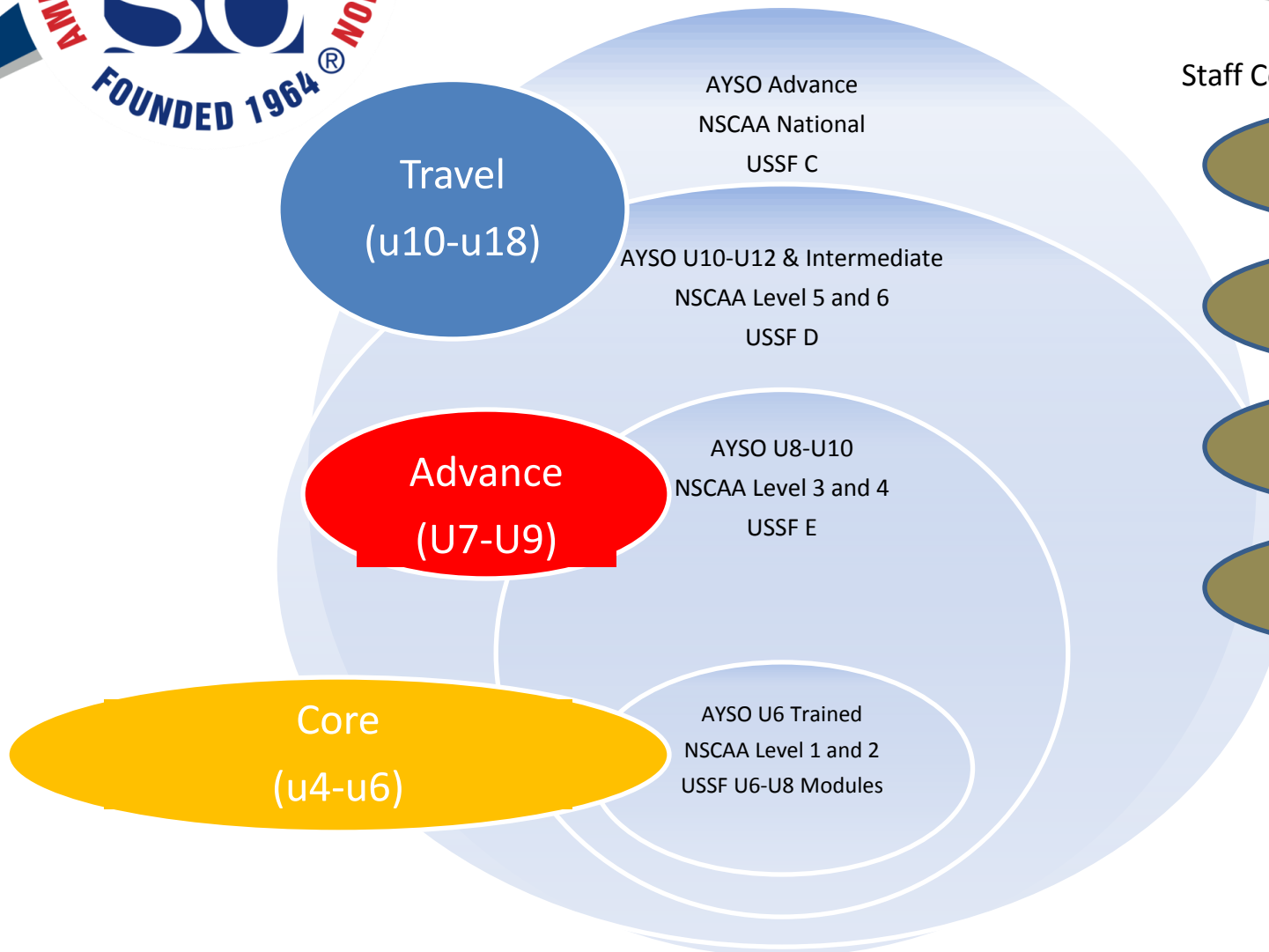
Non-Residential and Residential Coaching Education





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## Staff Coaching Progression



## Staff Coach Support Qualifications

- Director Of Coaching**
  - AYSO Advanced
  - NSCAA Premier/USSF A
  - NSCAA Director of Coaching
  - U.S. National Youth License
- Travel Coordinator**
  - AYSO Advance
  - NSCAA National
  - USSF C
- Advance Coordinator**
  - AYSO Intermediate
  - NSCAA Level 5 & 6
  - USSF D
- Coach Administrator**
  - AYSO Intermediate
  - NSCAA Level 3 & 4
  - USSF E





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## Support Services for Staff Coaching Education

### Mentor Program

Director of Coaching Training Sessions  
Coach Pairing (Recreation/Advance/Travel)  
Guest Coach Sessions  
Field Observations by Director of Coaching,  
Travel Coordinator, Advance Coordinator &  
Coach Administrator  
Age Coordinators

### Residential

AYSO National Coaching Course  
NSCAA National, Advance National, Premier  
Diplomas  
USSF C, B & A  
U.S. National Youth License

## Coach

### Distance

AYSO E-AYSO On-line Courses, AYSO Webinars,  
Coach Tips, Hey Coach & CATZ Coach  
NSCAA Club Standards Webinars  
NSCAA Interactive Presentations  
NSCAA Tactical Situation Tests  
NSCAA Coaching Academy Material  
US Soccer Coaching Curriculum

### Non-residential

AYSO U6-U12 Intermediate & Advance Training  
Field and Classroom Training  
NSCAA Level 1-6  
USSF U6-U10 modules  
USSF E and D

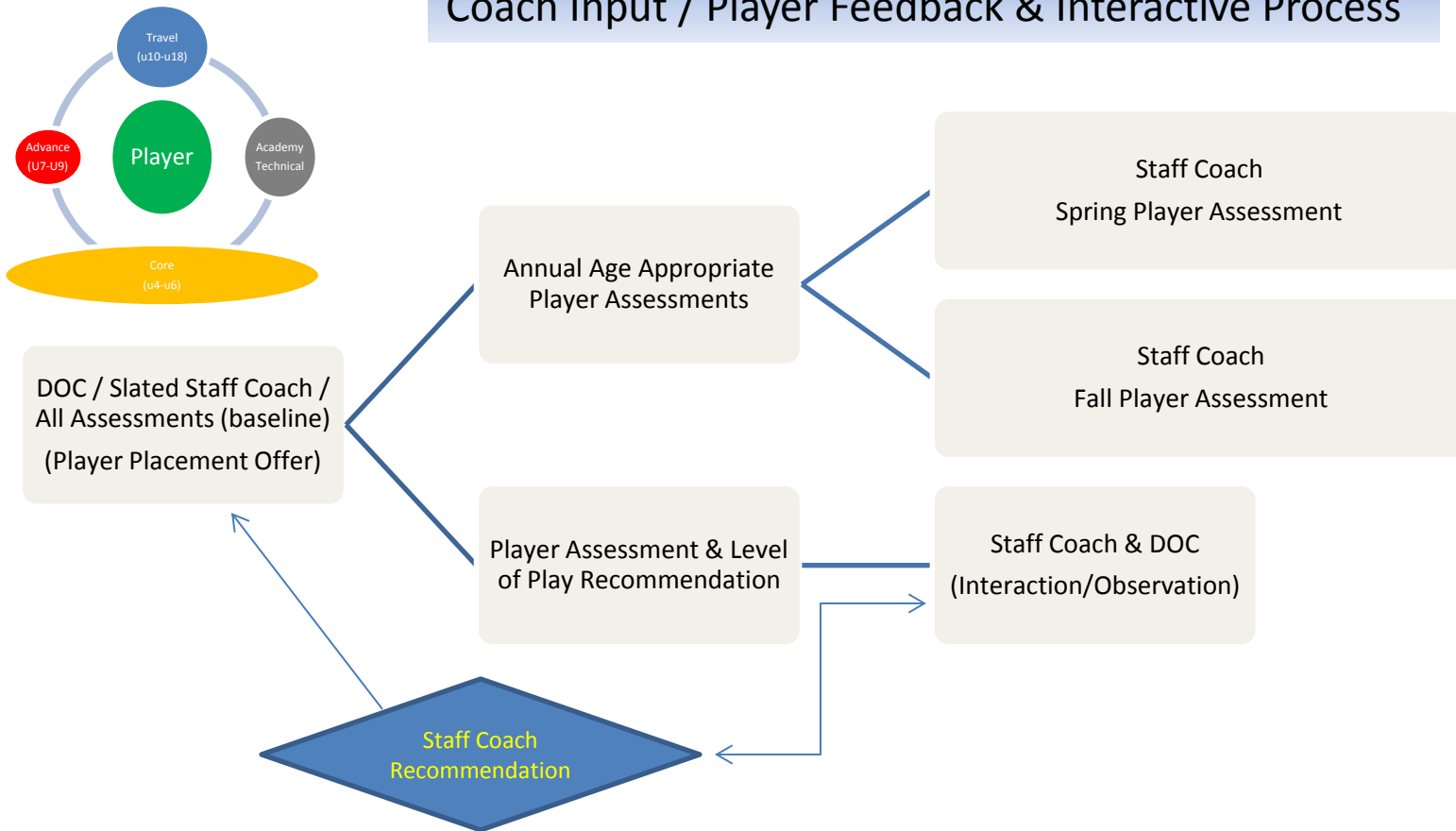




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## Player & Team Selection (Assessment Process)

### Coach Input / Player Feedback & Interactive Process





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## Tidewater Advance Soccer League (TASL) Team Formation / Player Goals

	U9	U10	U11	U12	U13	U14	U15	U16
TASL Min	5	5	6	7	7	7	7	7
Format	6	6	8	8	11	11	11	11
TASL Max	12	12	14	14	14	18	18	18
AYSO	8(+2)	8(+2)	10 (+2)	10 (+2)	13 (+2)	13 (+2)	15 (+1)	15 (+1)
Length of Half	25	25	30	30	35	35	40	40

**Note: + Indicates Developmental Player (Core) playing up or a Travel (Club) Player augmenting roster**





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## Virginia Soccer League (VSLI) Team Formation / Player Goals

	U10	U11	U12	U13	U14	U15	U16	U17
VSLI Min	5	5	5	7	7	7	7	7
Format	7	8	8	11	11	11	11	11
VSLI Max	12	12	14	14	14	18	18	18
AYSO	8(+2)	9(+2)	10 (+2)	10 (+2)	13 (+2)	13 (+2)	15 (+1)	15 (+1)
Length of Half	25	30	30	35	35	40	40	45

Note: + Indicates Developmental Player(s) (Advance) playing up "Guesting" or "Dual-rostered"







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## Team Formation Tenets

	<u>Teams</u>	<u>1475 Per Side</u>	<u>Ball Size</u>	<u>Keeper</u>	<u>Refs</u>	<u>Game Length</u>
<b>U4</b>	Registration dependent	4	3	N	N	6
<b>U5</b>	Registration dependent	4	3	N	N	6
<b>U6</b>	Registration dependent	4	3	N	N	8
<b>U8</b>	Registration dependent	4	3	N	N	10
<b>U10</b>	Registration dependent	6	4	Y	Y	12.5





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## AYSO Coaching Resources

- On-line Training:
  - <http://www.aysotraining.org/>
- On-line Coach Tips:
  - [http://www.ayso.org/coaches\\_referees/coaches/tips.aspx](http://www.ayso.org/coaches_referees/coaches/tips.aspx)
  - <http://www.ayso.org/training/catz.aspx>
- Coach Resources:
  - [http://www.ayso.org/resources/coach\\_res.aspx](http://www.ayso.org/resources/coach_res.aspx)

## Additional Coach Resources

- NSCAA
  - [www.nscaa.com](http://www.nscaa.com)
- U.S. Youth Soccer
  - <https://education.usyouthsoccer.org/>
- U.S. Soccer Federation
  - <http://www.usoccer.com/coaching-education>
- Virginia Youth Soccer Association
  - [http://www.vysa.com/CoachingEd/index\\_E.html](http://www.vysa.com/CoachingEd/index_E.html)

